

BOOK LIFE

BRIEFS

Important Product Information

XIAFLEX® (Zi a flex)
(collagenase clostridium histolyticum)

What is the most important information I should know about XIAFLEX?

XIAFLEX can cause serious side effects, including:

- **Tendon or ligament damage.**

Receiving an injection of XIAFLEX may cause damage to a tendon or ligament in your hand and cause it to break or weaken. This could require surgery to fix the damaged tendon or ligament. Call your healthcare provider right away if you have trouble bending your injected finger (towards the wrist) after the swelling goes down or you have problems using your treated hand after your follow-up visit.

- **Nerve injury or other serious injury of the hand.** Call your healthcare provider if you get numbness, tingling, or increased pain in your treated finger or hand after your injection or after your follow-up visit.

- **Allergic Reactions.** Allergic reactions can happen in people who take XIAFLEX because it contains foreign proteins.

Call your healthcare provider right away if you have any of these symptoms of an allergic reaction after an injection of XIAFLEX:

- hives
- swollen face
- breathing trouble
- chest pain

What is XIAFLEX?

XIAFLEX is a prescription medicine used to treat adults with Dupuytren's contracture when a "cord" can be felt.

In people with Dupuytren's contracture, there is thickening of the skin and tissue in the palm of your hand that is not normal. Overtime, this thickened tissue can form a cord in your palm. This causes one or more of your fingers to bend toward the palm, so you cannot straighten them.

XIAFLEX should be injected into a cord by a healthcare provider who is skilled in injection procedures of the hand and treating people with Dupuytren's contracture. The proteins in XIAFLEX help to "break" the cord of tissue that is causing the finger to be bent.

It is not known if XIAFLEX is safe and effective in children under the age of 18.

What should I tell my healthcare provider before starting treatment with XIAFLEX?

XIAFLEX may not be right for you. Before receiving XIAFLEX, tell your healthcare provider if you:

- have had an allergic reaction to a previous XIAFLEX injection.
- have a bleeding problem.
- have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if XIAFLEX will harm your unborn baby.
- are breastfeeding. It is not known if XIAFLEX passes into your breast-milk. Talk to your healthcare provider about the best way to feed your baby if you receive XIAFLEX.

Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Especially tell your healthcare provider if you use:

a blood thinner medicine such as aspirin, clopidogrel (PLAVIX®), prasugrel hydrochloride (EFFIENT®), or warfarin sodium (COUMADIN®). If you are told to stop taking a blood thinner before your XIAFLEX injection, your healthcare provider should tell you when to restart the blood thinner.

How will I receive XIAFLEX?

Your healthcare provider will inject XIAFLEX into the cord that is causing your finger to bend.

After an injection of XIAFLEX, your affected hand will be wrapped with a bandage. You should limit moving and using the treated finger after the injection.

Do not bend or straighten the fingers of the injected hand until your healthcare provider says it is okay. This will help prevent the medicine from leaking out of the cord.

Do not try to straighten the treated finger yourself.

Keep the injected hand elevated until bedtime.

Call your healthcare provider right away if you have:

- signs of infection after your injection, such as fever, chills, increased redness, or swelling
- numbness or tingling in the treated finger
- trouble bending the injected finger after the swelling goes down

Return to your healthcare provider's office as directed on the day after your injection. During this first follow-up visit, if you still have the cord, your healthcare provider may try to extend the treated finger to "break" the cord and try to straighten your finger.

Your healthcare provider will provide you with a splint to wear on the treated finger. Wear the splint as instructed by your healthcare provider at bedtime to keep your finger straight.

Do finger exercises each day, as instructed by your healthcare provider.

Follow your healthcare provider's instructions about when you can start doing your normal activities with the injected hand.

What are the possible side effects of XIAFLEX?

XIAFLEX can cause serious side effects. See "What is the most important information I should know about XIAFLEX?"

Common side effects with XIAFLEX include:

- swelling of the injection site or the hand
- bleeding or bruising at the injection site
- pain or tenderness of the injection site or the hand
- swelling of the lymphnodes (glands) in the elbow or underarm
- itching
- breaks in the skin
- redness or warmth of the skin
- pain in the underarm

These are not all of the possible side effects with XIAFLEX. Tell your healthcare provider about any side effect that bothers you or does not go away.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

General information about XIAFLEX

Medicines are sometimes prescribed for purposes other than those listed here. This is a summary of the most important information about XIAFLEX. If you would like more information, talk to your healthcare provider. You can ask your healthcare provider for information about XIAFLEX that is written for health professionals.

For more information visit www.XIAFLEX.com or call 1-877-663-0412.

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40 Valley Stream Parkway
Malvern, PA 19355
www.auxilium.com

XIAFLEX
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UM creative writing fundraiser on Friday

Enjoy an evening of fine food and beverages as well as silent and live auctions Friday at the Writers' Fall Opus, a fundraiser for The University of Montana

Creative Writing Program. The third annual event will be held from 6:30 to 10 p.m. in the Governor's Room of the Florence Building, located in downtown Missoula. Hosts will be Kevin Head and Charlie Brown.

Tickets for the event cost \$35 or \$60 per couple and can be purchased at the door. Attendees must be 21 or older. To RSVP, call Karin Schalm at 406-243-5267 or email karin.schalm@mso.umt.edu.

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Guide

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Dr. D.P. Lyle's "Murder and Mayhem: A Doctor Answers Medical and Forensic Questions for Mystery Writers" was in "how-to" bookstore sections.

Why not a similar guide for writers, on the law and from a lawyer?

"I've spent years answering other writers' questions, in person and online," Budewitz says.

In fact, she was headed to St. Louis last week to moderate a discussion on the legal aspects of forensics in fiction and true crime at the Boucheron World Mystery Convention.

The panel included Edgar Allen Poe Award winner Jan Burke, author of "Bones," and Marcia Clark, lead prosecutor in the O.J. Simpson murder trial.

It's vital for a writer to get it right, Budewitz says. Even if their stories and characters are made-up, the world in which they operate is not.

Getting details wrong "can break the fragile hold you have on a reader," she says. "The problem is that while the devil may be in the details, so is the magic."

The Billings native and graduate of the University of Notre Dame School of Law cites a book she was reading that was set in her hometown.

"It described the hospital as 'cinder-block,'" Budewitz says. "I was born in that hospital and have been there many times, and you can't see anything resembling a cinder block." Then, the character

"You have to get the facts right as best you can, or it shakes a reader's faith in the fictional world."

— **Mystery novelist and Polson lawyer Leslie Ann Budewitz**

drove away from the hospital in a purple Subaru.

"He left in the model car I drove, and I know they didn't come in that color," she says. "You have to get the facts right as best you can, or it shakes a reader's faith in the fictional world."

The same holds true when writing about the law, Budewitz says.

Television's "Law and Order" comes as close as any piece of fiction to getting it right, she says

"The lawyers interrupt each other more often than a judge would allow," she says, "but otherwise they're pretty accurate."

The show's success has led to a common mistake in crime fiction, however. New York has district attorneys who prosecute crimes, but if you have a district attorney prosecuting a murder suspect in Montana, you've goofed, because there are no DAs here, or in many other locales.

"The most common mistakes are in terminology," Budewitz says. "A lot of people might not notice them, but they're things that are easily checked."

Budewitz practiced law in Washington state, where she had earned her undergraduate degree at Seattle University, before returning to Montana in

Meloy

Continued

storytelling. There's a cinematic quality to Decemberist songs – an appreciation for nature and old-world craftsmanship that easily translates to the hip, illustrated fairy tale that is "Wildwood." That sensibility is underscored by Ellis, whose whimsically dark pen-and-ink drawings recall the work of Edward Gorey and Roald Dahl.

In a book that reads like a mash-up of "Alice in Wonderland," "The Chronicles of Narnia" and "The Lord of the Rings," Prue, 12, is the book's adventurous and headstrong protagonist who sarcastically suggests to her parents that roughing up old ladies or sticking up a hardware store might be appropriate baby-sitting activities. Of course, Prue does none of these things. She is fiercely loyal to her brother – so much so that, rather than tell her parents he's been kidnapped by a flock of squawking birds, she goes after him into the Impassable Wilderness. And her friend Curtis follows her.

In the works longer than the Decemberists have been a band, "Wildwood" dates to the late '90s when Meloy and Ellis first moved to Portland and were living in a warehouse where Meloy "was just starting to play around with music and (Ellis) was starting to work on illustration stuff," he said. "We had this idea of working on a novel together ... because we enjoyed

"There's something about creating fantasy that is anchored in reality just enough that I thought would really tap into a kid's imagination."

— **Colin Meloy**

making up stories and playing off one another's creative impulses?"

Originally about a girl searching for her lost father and titled "How Ruthie Ended the War," the story contained many of the hallmarks that would eventually define Meloy's songwriting – a fascination with the arcane and archaic that freely wanders from forest to sea and frequently ends in battle. Meloy got 80 pages into the story and then "got busy with other things," he said.

Reimagined as "Wildwood" several years later, the story was inspired by the 5,000-acre Forest Park on the edge of Portland where Meloy and Ellis often take walks. The book takes its title from an actual trail.

"There's something about creating fantasy that is anchored in reality just enough that I thought would really tap into a kid's imagination. This idea that enchantment is possible, that you can recognize the trappings of a contemporary world but, just on the other edge of this forested line, there's a completely other reality," Meloy explained.

Before Meloy had fully envisioned the story, Ellis outlined the park and the two started populating the space with characters, re-

1992. She has worked at Wold Law Firm since 1993, living in St. Ignatius first, then moving to Bigfork in 2000.

"I tell people it's a small firm – 1 1/2 lawyers, and I'm the half," Budewitz says. "Doug Wold does the talking, and I do the writing."

While commuting to and from work, Budewitz listened to books on tape. A healthy percentage of the ones available are mysteries, she says, and that got her interested in writing in the genre.

All of her novels, and all but one of her short stories, have been set in Montana.

"I don't stretch far from home," she says, and the one exception – a short story called "The End of the Line" and published by Alfred Hitchcock – was sparked by a vacation to Greece with her husband. There, Budewitz noticed a spent shotgun shell on a street in a small village overlooking the Mediterranean Sea and wondered, "Where did that come from?"

So she made up a story to answer the question.

One of her novels, set in St. Ignatius and called "The Trees Have No Tongues," was a finalist for a "best first-unpublished mystery" contest sponsored by St. Martin's Press, and where the prize was having the novel published.

"I've come close a couple of times," Budewitz says. "It's a difficult business to break into."

But now she has a published book to go with those published short stories – one designed to help other writers navigate the legal twists and turns of their plots in a believable way.

creating the forest as an enchanted country that was home to clothed coyotes in plumed helmets who speak English and other talking animals.

"I've always been fascinated by forests, and it pops up in Decemberist music as well: This idea of the woods as being imaginatively beyond the pale, where if you go into the woods, you're stepping outside of your safety realm and stepping into something unknown and potentially dangerous but also adventurous and exciting, and you'll inevitably learn something."

Ellis' illustrations as well as Meloy's music – and now his writing too – are inspired by classic fairy tales and the books from the '60s and '70s they grew up reading. Darkness pervades, yet the macabre is tempered with humor. The crows that carry Prue's brother into the sky were inspired by an actual Irish fairy tale about a spirit that abducts babies – and by Maurice Sendak's "Outside Over There," which, similar to "Wildwood," centers on a child taken away on a sister's watch.

How Prue's adventure evolves will be revealed in the second installment of "The Wildwood Chronicles," out next August.

"I really do want to commit as much to doing 'Wildwood' and the other books as I possibly can," Meloy said. "It's the thing I'm most excited about right now. It's something I want to do right and focus on it, and when we're ready to go back to music, we will."